

PHYSICAL EDUCATION

GCSE



Examination Board: Edexcel
 Subject Leader(s): Mrs R Mee



Course Structure

Topics/Unit Title	Assessment	Weighting(%)
Component 1	Written examination 1 hour 30mins (80 marks)	36%
Component 2	Written examination 1 hour 15 mins (60 marks)	24%
Component 3	Practical performance (105 marks)	30%
Component 4	Written coursework (20 marks)	10%

What does the course involve?

The course is 60% theory (i.e. many of the lessons will be classroom based) You will cover sociological, psychological, anatomical and physiological and biomechanical issues in sport. You must have a healthy appetite for learning to succeed in this course.

The practical element requires students to complete **three** physical activities from a set list.

One must be a **team** activity

One must be an **individual** activity

The final activity can be a **free** choice of either team or individual.

Team List

Acrobatic Gymnastics
 Association Football
 Badminton
 Basketball
 Cricket
 Dance
 Figure Skating
 Handball
 Hockey
 Ice Hockey
 Lacrosse
 Netball
 Rowing
 Rugby League/Union
 Sailing
 Squash
 Table Tennis
 Tennis
 Volleyball
 Water Polo

Individual List

Amateur Boxing
 Athletics
 Badminton(Cannot be assessed with doubles)
 Canoeing
 Kayaking
 Rowing or Sculling
 Cycling
 Dance
 Diving
 Equestrian
 Figure Skating
 Golf
 Gymnastics
 Rock Climbing
 Sailing
 Skiing
 Snowboarding
 Squash
 Swimming
 Table Tennis
 Tennis
 Trampolineing
 Windsurfing

Further Study/Employment Prospects

College to study A level Physical Education or BTEC National in Sport and Health & Fitness.

University as an undergraduate researching Sport and Exercise Science.

University to study education and train as a PE Teacher / Fitness Instructor / Physiotherapy.

Skills you will develop

Your practical skills, technical and tactical.

- You will also develop your ability to analyse a performance using different types of data collection.
- Your ability to question content should improve and your understanding of the syllabus will therefore be developed.
- Your time management will need to be hot! As late work will often end up in detention!
- The ability to work independently and part of a group is key to your personal development.
- Finally you must be an independent learner. Students who struggle on this course does not exhibit the healthy appetite required to be curious about their learning and therefore do not read outside of lessons by choice.