

# PHYSICAL EDUCATION



**Examination Board:** Edexcel  
**Subject Leader(s):** Miss C Clarke



## Course Structure

Unit	Topics/Unit Title	Assessment	A Level (%)
9PE01	Scientific Principles of Physical Education.	Written exam 2 hours 30 minutes	40% of qualification
9PE02	Psychological and Social Principles of Physical Education.	Written exam 2 hours	30% of qualification
9PE03	Practical Performance in the role of a performer in a selected sport.	Internally assessed & externally moderated	15% of qualification
9PE04	Performance Analysis and Performance Development.	Internally assessed & externally moderated	15% of qualification

## What does the course involve?

- Develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance.
- Understand how physiological and psychological states affect performance.
- Understand the key socio-cultural factors that influence people's involvement in physical activity and sport.
- Understand the role of technology in physical activity and sport.
- Refine their ability to perform effectively in physical activity and sport by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideas.
- Develop their ability to analyse and evaluate to improve performance.
- Understand the contribution which physical activity makes to health and fitness.

## Further Study/Employment Prospects

- Sports Coaching
- Sports Science
- Sports Psychology
- Sports Development
- Teaching
- Nursing
- Sports Technology
- Sports Business

## Entry Requirements

Achieve or exceed target grade in GCSE PE

Competitive sports performer i.e. must be training and competing regularly at a club outside of school.

Autonomous independent learner.

Attends intervention sessions when required.